
A 30-DAY WORKPLAN TO FIND YOUR PURPOSE

This is A 30-day work plan to help you find your purpose. It must be used in addition to The Search Workbook.

DAY 1. BE EAGER

Get prepared to find the truth about yourself.



DAY 2. FIND A SUITABLE PLACE

In order to introspect well, you need to get a place you can think and reflect on your life. Identify avenue and shortlist places best for you.



DAY 3. PLAN ON THE DAYS

Choose the days in a week, you would want to introspect.



DAY 4. GET A JOURNAL AND OTHER RESOURCES

Grab a journal and other resources like pen, sticky notes and more to be used for the reflection.



REMINDERS : DON'T FORGET EVERYTHING REQUIRES TIME AND PATIENCE.

DAY 5. PREPARE THE MIND

Get the mind, heart, and soul ready to transform your life and mission on earth.



DAY 6. ASK QUESTIONS

Self-introspect with questions such as `` do I like the life I have?``, ``What is going well in life`` and many more.



DAY 7. GO BACK

Go back to The Search Workbook and follow the questions which can guide you on some of the questions you can ask yourself.



BACK

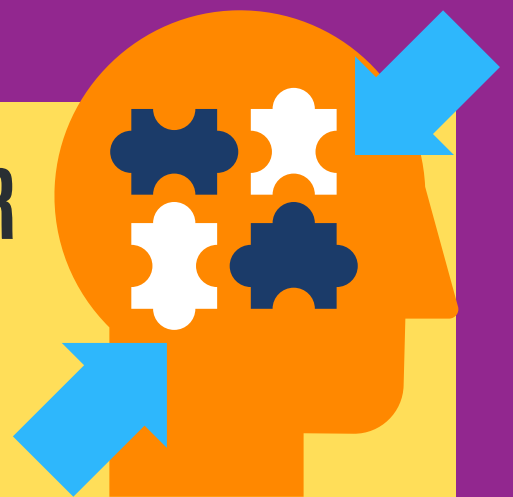
DAY 8. DON'T RUSH

Be patient with yourself. Don't rush through the process and take time to clear all copying or blaming stuff out of your head.



DAY 9: INTROSPECT DEEPER

Introspective deeper, write your thought and examination in a reflection journal.



REMINDERS: USE JOURNALS TO HELP YOU RECORD AND REFLECT

DAY 10: SUMMARIZE

Summarize what you have discovered about yourself. Write everything you have discovered about yourself in a journal.



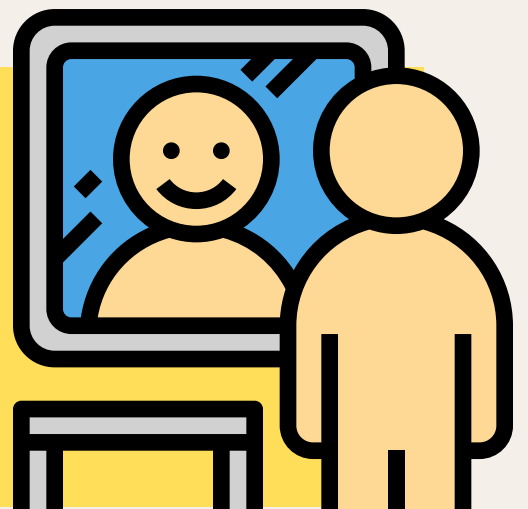
DAY 11. WORK ON ACTIVITIES

Since you have sought the truth about your existence. Experiment with all activities you show love in .



DAY 12: BE SELF -AWARE

Don` t rush through the process but be self-aware of yourself. Know your likes, hates, interest area and many others. Know when you are wrong and harmed.



DAY 13: CONTINUE TO FISH OUT

Continue to fish out on the activities you love that bring you a sense of meaning.



DAY 14: ASSESS

Assess if the activities you are doing brings you peace or happiness.



REMINDERS: LOOK FOR ACTIVITIES THAT MAKES YOU HAPPY

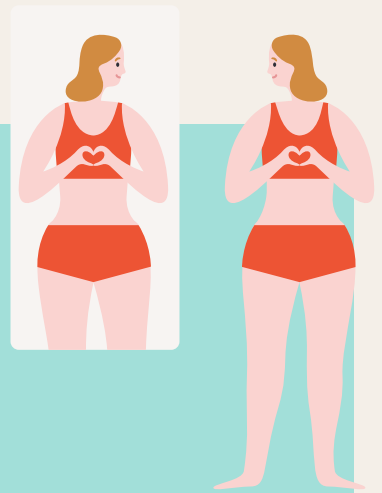
DAY 15: KEEP PUSHING

Continue to work on yourself.



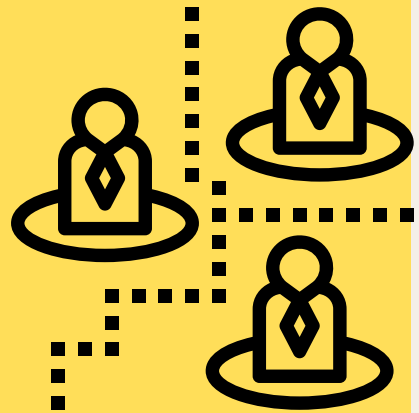
DAY 16. SELF-APPRECIATION

Never leave self-love behind because it can help you develop self-confidence in your purpose. For the purpose to be materialized, you need to practice the habit of self-acceptance and love.



DAY 17: DISCOVER AREAS

Discover areas you want to exhibit. Find the message you want to send across to help people, in return, you will enjoy the absolute peace of mind you need.



DAY 18: SET GOALS

Decide on the goals you want to set for short term and long term timelines.



DAY 19: PREPARE AN ACTION PLAN

Decide, plan and organise your goals. Outline implementation plans to make your goals work.



REMINDERS: PLANNING IS KEY IN EVERY ACTIVITY.

DAY 20: RECORD THEM

Write down all your goals, implementation plans, timelines, and backups into a journal or a notebook.



DAY 21. MISSION AT HEART

Make your mission at heart. Train the mind, heart, and body to work with your purpose. Let it be in your mind always of the task at hand.



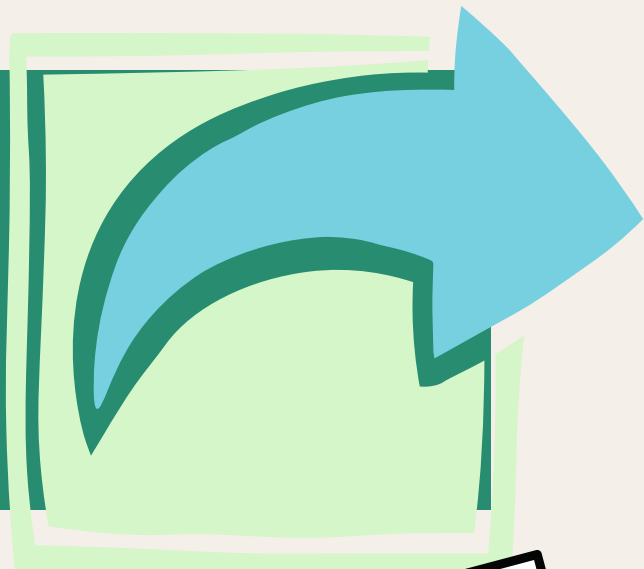
DAY 22: SET REMINDERS

DON'T FORGET

Inform yourself about the mandate ahead of you. You can use a vision board to remind you. Google calendar or notes for reminders each day on the mission ahead of you.

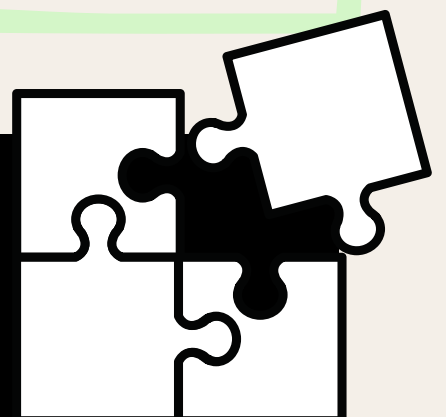
DAY 23: START SHARING

Share the message you want to impact others through your words and actions.



DAY 24: CLEAR ALL OBSTRUCTION

Never allow challenges stop you from delivering your impact (purpose) to others. Stand up for it and be strong on it. Deliver whilst you clear the obstruction.



REMINDERS: DELIVER THE MESSAGE OUT OF YOUR HEART.

DAY 25: INVEST IN YOURSELF

Empower every aspect of your being. Invest in your mind, body, emotions, and everything relating to self mastery.



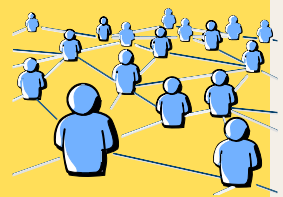
DAY 26. INVEST IN YOUR PURPOSE

Enroll in courses, and read books, that can help you learn more about your purpose, inner gift, emotions, and more.



DAY 27: CLINCH TO THE RIGHT NETWORK

Clinch to loved ones who can help you achieve your purpose. Note that, not all loved ones will support you.



DAY 28: JUST PURSUE

Continue to pursue and work with your purpose.



DAY 29: LIVE FOR YOUR PURPOSE

When you feel like stopping. Always remember the reason why this purpose brings to you and others.



REMINDERS: YOU CAN BRING PEACE TO OTHERS WITH A TINY ACT OF EXECUTING YOUR PURPOSE.

DAY 30: REFLECT AGAIN

Reflect on the action you provide to others. Is it what you decided to do? Are you okay with the impact people receive on their lives? Ask these questions and more.



Thank you for reading!
**Grab A-30 day purpose assessment
tool on the website.**